

Mission

To Aid in the development of self-awareness.

Through individual and group support, we are committed to the process of empowering a society that will flourish and thrive both socially and economically.



Visit our website
for our Podcast

“The Dawning of a New Day”



CONTACT US

C. Maria Jones

(617)858-0594

c.maria.wholeness@gmail.com

cmariawholeness.com

A Leading By Faith Enterprise Entity

A Path to Wholeness

**THE ROAD YOU WILL
NEVER WALK ALONE!**



THE VISION

It is our goal to help individuals and communities in the process of mental, emotion, physical, and spiritual healing. Through various strategies, we encourage examination of one's self.

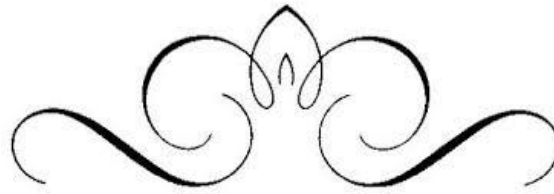
We encourage everyone to develop at their own pace. In learning to consider the process of change, individuals are empowered to take charge of their lives. We can begin to change our life course when we consider the impact our actions, decision-making process, and self-identifying thoughts have on our current and future circumstances.

Using the RICH model developed by SAMHSA, we are helping in the process of dealing with pain.

The RICH model consist of: **Respect, Information, Connection, and Hope.**



THE NEED



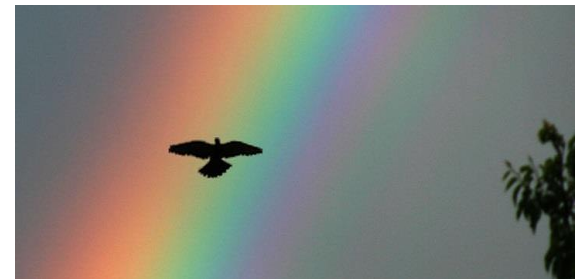
Studies have shown that when individuals suffer various traumas and lack sufficient support during and after initial events, it effects the whole person. When coupled with everyday stressors of life mental, emotional, physical and spiritual health is jeopardized. The impact of trauma over a life span affects the children, extended family, and communities of individuals as a whole.

Although survivors of trauma are resilient and learn some level of coping, many situations require more. Stress from trauma can be greatly reduced through immediate intervention and stabilization techniques that have been proven to be effective.

We all suffer from some form of trauma. Our management of such factors determine the level of care that will be required for each person. The process of growth is hindered when systems are not available for those in need. Thus, having sufficient support is the key to becoming healthy and whole.

SERVICES

- ✚ Individual Consultation
- ✚ Group Support Session
- ✚ Health Workshops (Individual, Group)
- ✚ Planning Support for Events
- ✚ Spiritual Services
- ✚ Resources



Fees

It is an honor to serve you. We set reasonable fees for our services. Support is available for qualified applicants. The fees will be rendered on a sliding fees scale when needed. No one will be turned away due to financial hardship.

We look forward to working with you.